

Fernando's®

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EGG AND CHEESE BREAKFAST BURRITO

SMOKE FLAVOR ADDED

INGREDIENTS: TORTILLA (WATER, WHOLE GRAIN WHEAT FLOUR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), NAVY BEAN POWDER, SOYBEAN OIL, WHOLE GRAIN CORN FLOUR (STONE GROUND WHOLE WHITE CORN, TRACE OF LIME), CONTAINS 2% OR LESS OF MONO AND DIGLYCERIDES, BAKING POWDER (CORN STARCH, SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), WHEAT GLUTEN, SALT, GUAR GUM, SUGAR, RICE FLOUR, FUMARIC ACID, ENZYME, L-CYSTEINE, AND SODIUM METABISULFITE), WATER, EGGS (WHOLE EGGS, MODIFIED CORN STARCH, SALT, CITRIC ACID, XANTHAN GUM), MONTEREY JACK CHEESE (PASTEURIZED CULTURED MILK, SALT, ENZYMES), GREAT NORTHERN WHITE BEANS, POTATOES, PASTEURIZED PROCESSED AMERICAN CHEESE (AMERICAN CHEESE (MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, SODIUM CITRATE, MILK FAT, SALT, COLOR (ANNATTO AND APOCAROTENAL)), CONTAINS 2% OR LESS OF TOMATOES, DEHYDRATED RED BELL PEPPER, SOYBEAN OIL, RICE STARCH, SEASONING (SPICES (INCLUDING CHILI PEPPERS), ONION, PAPRIKA, GARLIC, SALT), DEHYDRATED ONION, ISOLATED SOY PROTEIN (ISOLATED SOY PROTEIN WITH LESS THAN 2% LECITHIN), SEA SALT (POTASSIUM MAGNESIUM CHLORIDE, SALT), SALT, NATURAL FLAVOR ENHANCER (DEHYDRATED SOY SAUCE (SOY SAUCE (SOYBEANS, WHEAT, SALT), MALTODEXTRIN), YEAST EXTRACT), GARLIC POWDER, SPICES, NATURAL BUTTER FLAVOR (MALTODEXTRIN, NATURAL BUTTER FLAVOR, ANNATTO AND TURMERIC (FOR COLOR)), CHEESE FLAVOR (DEHYDRATED BLEND OF CHEESE (SEMI-SOFT AND CHEDDAR (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES)), MALTODEXTRIN, AUTOLYZED YEAST, FOOD STARCH-MODIFIED, SALT, TORULA YEAST, CONTAINS LESS THAN 2% OF BUTTER, NATURAL FLAVOR, LACTIC ACID, SODIUM PHOSPHATE, CALCIUM PHOSPHATE), FLAVORING (MALTODEXTRIN, SMOKE FLAVOR, NATURAL FLAVOR, TAPIOCA DEXTRIN, AUTOLYZED YEAST EXTRACT), CHILI PEPPER, CHIPOTLE CHILI PEPPER, SODIUM ALGINATE (PROCESSING AID).

CONTAINS WHEAT, SOY, MILK AND EGG.

Dist. by Fernando's Foods,
Compton, CA 90221

Contains Bioengineered Food Ingredients

Copy not for documenting
Federal meal requirements

EACH 3.50 OZ BURRITO PROVIDES 1.00 OZ EQUIVALENT MEAT ALTERNATE AND
1.00 OZ EQUIVALENT GRAINS

099297

FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND
STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 02-21.)

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HEATING INSTRUCTIONS

	FRIED 360 F	MICRO	OVEN 280 F	CONVEC. 250 F
FROZEN	*N/R Min.	*N/R Min.	*N/R Min.	*N/R Min.
THAWED	*N/R Min.	*N/R Min.	20-25 Min.	10-15 Min.

Internal Temperature of product should be 160F.

*N/R - Not Recommended



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INSPECTED BY THE U.S. DEPT.
OF AGRICULTURE IN
ACCORDANCE WITH FNS
REQUIREMENTS

F037-061821

Nutrition Facts

90 servings per container

Serving size 1 Burrito (99g)

Amount per serving

Calories 220

% Daily Value*

Total Fat 8g 10%Saturated Fat 3.5g **18%**

Trans Fat 0g

Cholesterol 65mg 22%**Sodium 340mg 15%****Total Carbohydrate 28g 10%**Dietary Fiber 4g **14%**

Total Sugars 1g

includes 0g Added Sugars **0%**

Protein 9g

Vitamin D 0mcg 0%

Calcium 130mg 10%

Iron 1.8mg 10%

Potassium 260mg 6%

*The % Daily Value tells you how much a nutrient in a
serving of food contributes to a daily diet. 2,000 calories
a day is used for general nutrition advice.

KEEP FROZEN

NET WT. 19.68 LBS.
90 CT/3.50 OZ.