

**Fernando's®****05213**

00075278052136

**CHICKEN AND CHEESE BURRITO**

INGREDIENTS: TORTILLA (WHOLE WHEAT FLOUR, ENRICHED BLEACHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WATER, SOYBEAN OIL, CONTAINS 2% OR LESS OF WHOLE GRAIN CORN FLOUR [STONE GROUND WHOLE WHITE CORN, TRACES OF LIME], MONO AND DIGLYCERIDES, BAKING POWDER [CORN STARCH, SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE], WHEAT GLUTEN, SALT, GUAR GUM, SUGAR, RICE FLOUR, FUMARIC ACID, L-CYSTEINE, ENZYMES, SODIUM METABISULFITE), WATER, CHICKEN BREAST WITH RIB MEAT (WATER, SALT, SODIUM PHOSPHATES), PASTEURIZED PROCESS AMERICAN CHEESE (AMERICAN CHEESE [MILK, CHEESE CULTURE, SALT, ENZYMES], WATER, SODIUM CITRATE, MILK FAT, SALT, COLOR [ANNATTO AND APOCAROTENAL]), SOY PROTEIN CONCENTRATE, CONTAINS 2% OR LESS OF ISOLATED SOY PROTEIN (ISOLATED SOY PROTEIN WITH LESS THAN 2% LECITHIN), VEGETABLE OIL, TOMATO PASTE, RICE STARCH, DEHYDRATED ONION, DEHYDRATED RED BELL PEPPER, SALT, SPICES, SEA SALT (POTASSIUM MAGNESIUM CHLORIDE, SALT), SODIUM ALGINATE, CHEESE FLAVOR (DEHYDRATED BLEND OF CHEESE [SEMISOFT AND CHEDDAR (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES)], MALTODEXTRIN, AUTOLYZED YEAST, FOOD STARCH-MODIFIED, SALT, TORULA YEAST, CONTAINS LESS THAN 2% OF BUTTER, NATURAL FLAVOR, LACTIC ACID, SODIUM PHOSPHATE, CALCIUM PHOSPHATE), NATURAL FLAVOR, SODIUM PHOSPHATE, PAPRIKA, BUTTER FLAVOR (MALTODEXTRIN, BUTTER FLAVOR, ANNATTO AND TURMERIC [FOR COLOR]).

**CONTAINS WHEAT, SOY AND MILK.****Contains Bioengineered Food Ingredients**
**Dist. by Fernando's Foods,  
Compton, CA 90221**

CN

096763

EACH 5.00 OZ BURRITO PROVIDES 2.00 OZ EQUIVALENT MEAT/MEAT ALTERNATE AND 2.00 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS  
(USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 01-18.)

CN

CN

Copy not for documenting  
Federal meal requirements

CN

**HEATING  
INSTRUCTIONS**

	FRIED 360 F	MICRO	OVEN 280 F	CONVEC. 280 F
FROZEN	*N/R Min.	*N/R Min.	*N/R Min.	*N/R Min.
THAWED	*N/R Min.	*N/R Min.	25-30 Min.	16-22 Min.
Internal temperature of product should be 160F.				

\*N/R - Not Recommended



122 - 1196 - 0006

**Nutrition Facts**

60 servings per container

Serving size 1 Burrito (142g)

Amount per serving

**Calories 300**

% Daily Value\*

**Total Fat 11g 14%**Saturated Fat 6g **30%**

Trans Fat 0g

**Cholesterol 30mg 10%****Sodium 710mg 31%****Total Carbohydrate 33g 12%**Dietary Fiber 4g **14%**

Total Sugars 3g

Includes <1g Added Sugars **0%****Protein 17g**

Vitamin D 0mcg 0%

Calcium 220mg 15%

Iron 2.7mg 15%

Potassium 390mg 8%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**KEEP  
FROZEN**
**NET WT. 18.75 LBS.  
60 CT/5.00 OZ.**

F031-071521