Fernando's® 05210



00075278052105

BEEF CHILI, CHEESE & BEAN BURRITO And Textured Vegetable Protein Product PREFRIED

INGREDIENTS: TORTILLA (WHOLE WHEAT FLOUR, ENRICHED BLEACHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACIDI, WATER, SOYBEAN OIL, WHOLE GRAIN CORN FLOURS ISTONE GROUND WHOLE WHITE CORN, TRACES OF LIME1, CONTAINS LESS THAN 2% OF OAT FIBER, MONO AND DIGLYCERIDES, WHEAT GLUTEN, SALT, BAKING POWDER ICORN STARCH, SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), GUAR GUM, SUGAR, RICE FLOUR, FUMARIC ACID, L-CYSTEINE, ENZYMES, SODIUM METABISULFITE), BEEF CHILI (GROUND BEEF INO MORE THAN 25% FATI, WATER, TOMATO PASTE, ISOLATED SOY PROTEIN (ISOLATED SOY PROTEIN WITH LESS THAN 2% LECITHIN], TEXTURED VEGETABLE PROTEIN PRODUCT (SOY FLOUR, CARAMEL COLOR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, CYANOCOBALAMINI, RICE STARCH, CHILI POWDER [CHILI PEPPER, SPICES, SALT, GARLIC POWDER), TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARAMEL COLOR), SEA SALT (POTASSIUM MAGNESIUM CHLORIDE, SALTI, SALT, NATURAL FLAVOR, ONION, CHEESE FLAVOR [DEHYDRATED BLEND OF CHEESE {SEMISOFT AND CHEDDAR (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES)}, MALTODEXTRIN, AUTOLYZED YEAST, FOOD STARCH-MODIFIED, SALT, TORULA YEAST, CONTAINS LESS THAN 2% OF BUTTER, NATURAL FLAVOR, LACTIC ACID, SODIUM PHOSPHATE, CALCIUM PHOSPHATEI, SPICES, SODIUM ALGINATE, SODIUM PHOSPHATE, NATURAL BUTTER FLAVOR EMALTODEXTRIN, NATURAL BUTTER FLAVOR, ANNATTO AND TURMERIC (FOR COLOR))), WATER, AMERICAN CHEESE (AMERICAN CHEESES IMILK, CHEESE CULTURE, SALT, ENZYMES), WATER, SODIUM CITRATE, MILK FAT, SALT, COLOR (ANNATTO AND APOCAROTENAL)), PINTO BEANS, CONTAINS 2% OR LESS OF ISOLATED SOY PROTEIN (ISOLATED SOY PROTEIN WITH LESS THAN 2% LECITHIN), VEGETABLE OIL, SALT, SEA SALT (POTASSIUM MAGNESIUM CHLORIDE, SALT), NATURAL FLAVORS, BEEF TYPE FLAVOR (HYDROLYZED SOY PROTEIN, FLAVORING [INCLUDING SPICES], AUTOLYZED YEAST, SALT), ONION, COCOA POWDER. PARFRIED IN VEGETABLE DIL.

CONTAINS WHEAT, SOY AND MILK.

Dist. by Fernando's Foods, Compton, CA 90221

Contains Bioengineered Food Ingredients

Copy not for documenting Federal meal requirements

EACH 5.00 OZ BURRITO PROVIDES 2.00 OZ EQUIVALENT MEAT/MEAT ALTERNATE AND 2.00 OZ EQUIVALENT GRAINS OR 1.50 OZ EQUIVALENT MEAT/MEAT ALTERNATE,

CN 1/8 CUP LEGUME VEGETABLES AND 2.00 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 03-18.)

HEATING INSTRUCTIONS		FRIED 360	F	MICRO	1.35	OVEN 28	0 F	CONVEC.	280 F
	FROZEN	*N/R	Min.	*N/R	Min.	*N/R	Min.	*N/R	Min.
	THAWED	*N/R	Min.	*N/R	Min.	25-30	Min.	16-22	Min.
	Internal Temperatur	e of product sh	rould be	160F.	7	*N/	R - Not	Recommended	d



122 - 1194 - 000

Nutrition Facts

60 servings per container

Serving size 1 Burrito (142g)

Amount per serving

Calories 340

% Daily Value*

Total Fat 15g	19%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 550mg	24%
Total Carbohydrate 35g	13%
Dietary Fiber 7g	25%
T-1-10	

Total Sugars 3g

Includes <1g Added Sugars 0%

inolacoo ang nacca ougulo

Protein 17g

Vitamin D Omcg	09		
Calcium 190mg	15%		

Iron 3.1mg
Potassium 430mg

15%

"The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

KEEP FROZEN INSPECTED
AND PASSED BY
DEPARTMENT OF
AGRICULTURE
EST. 6492

NET WT. 18.75 LBS. 60 CT/5.00 OZ

096689

CN