# Fernando's 21072



## CHEESE, BEEF, BEAN & TEXTURED VEGETABLE PROTEIN PRODUCT BURRITO

#### **PREFRIED**

INGREDIENTS: TORTILLA (WHOLE WHEAT FLOUR, ENRICHED BLEACHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACIDI, WATER, SOYBEAN OIL. WHOLE GRAIN CORN FLOURS [STONE GROUND WHOLE WHITE CORN, TRACES OF LIME], CONTAINS LESS THAN 2% OF OAT FIBER, MONO AND DIGLYCERIDES, WHEAT GLUTEN, SALT, BAKING POWDER [CORN STARCH, SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE MONOCALCIUM PHOSPHATEI, GUAR GUM, SUGAR, RICE FLOUR, FUMARIC ACID, L-CYSTEINE, ENZYMES, SODIUM METABISULFITE), PASTEURIZED PROCESS AMERICAN CHEESE (AMERICAN CHEESE [MILK, CHEESE CULTURE, SALT, ENZYMES], WATER, SODIUM CITRATE, MILKFAT, SALT, COLOR [ANNATTO, APOCAROTENAL]), GROUND BEEF (NO MORE THAN 26% FAT), WATER, PINTO BEANS, CONTAINS 2% OR LESS OF TEXTURED VEGETABLE PROTEIN PRODUCT (SOY FLOUR, CARAMEL COLOR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, CYANOCOBALAMIN), REHYDRATED RED BELL PEPPER, TOMATOES, SALT, PAPRIKA, CHILI POWDER (CHILI PEPPER, SPICES, SALT, GARLIC POWDER), NATURAL FLAVORS, SUGAR, WHITE DISTILLED VINEGAR, SPICES, SODIUM ALGINATE, FRIED IN VEGETABLE OIL.

#### CONTAINS WHEAT, SOY AND MILK.

Dist. by Fernando's Foods, Compton, CA 90221

#### Contains Bioengineered Food Ingredients

Copy not for documenting Federal meal requirements

EACH 4.75 OZ. BURRITO PROVIDES 2.00 OZ. EQUIVALENT MEAT/MEAT ALTERNATE AND 2.00 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION

MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 03-20.)

HEATING INSTRUCTIONS		FRIED 3	60 F	MICRO		OVEN 3	25 F	CONVEC.	300 F
	FROZEN	*N/R	Min.	2-4	Min.	22-27	Min.	16-22	Min.
	THAWED	*N/R	Min.	1-4	Min.	16-22	Min.	15-19	Min.
	Internal Temperatur	e of product	should be	160F.		*	√R - Not	Recommende	d



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## **Nutrition Facts**

72 servings per container

Serving size 1 Burrito (135a)

Amount per serving

## Calories

% Daily Value\*

21%

10%

Total Fat 18g	23%
Saturated Fat 8g	40%
Trans Fat 1g	
Cholesterol 40mg	13%
Sodium 850mg	37%
Total Carbohydrat	e 32g <b>12%</b>

Total Sugars 2q

Includes 0g Added Sugars 0%

Protein 15q

Vitamin D Omca

Dietary Fiber 6a

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Calcium 310mg	25%
Iron 2.8mg	15%

Potassium 310mg

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet, 2,000 calories a day is used for general nutrition advice.

### **KEEP FROZEN**

AND PASSED BY DEPARTMENT OF AGRICULTURE EST 6492

21.38 LBS. NET WT. 72 CT/4.75 OZ.