

Fernando's®**10112**

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Nutrition Facts

Serving Size 1 Burrito (113g)

Servings Per Container 72

Amount Per Serving**Calories** 310 **Calories from Fat** 130

% Daily Value*

Total Fat 14g **22%**Saturated Fat 3g **15%**

Trans Fat 0g

Cholesterol 20mg **7%****Sodium** 440mg **18%****Total Carbohydrate** 36g **12%**Dietary Fiber 2g **8%**

Sugars 0g

Protein 10g

Vitamin A 15% • Vitamin C 4%

Calcium 4% • Iron 15%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

KEEP FROZEN**NET WT. 18.00 LBS.
72 CT/4.00 OZ.****RED BURRITO****Beef, Beans & Vegetable Protein Product Wrapped in a Flour Tortilla****CARAMEL COLOR ADDED / PREFRIED**

INGREDIENTS: TORTILLA (WHOLE WHEAT FLOUR, ENRICHED BLEACHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WATER, SOYBEAN OIL, WHOLE GRAIN CORN FLOURS [STONE GROUND WHOLE WHITE CORN, TRACES OF LIME], CONTAINS LESS THAN 2% OF OAT FIBER, MONO AND DIGLYCERIDES, WHEAT GLUTEN, SALT, BAKING POWDER [CORN STARCH, SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE], GUAR GUM, SUGAR, RICE FLOUR, FUMARIC ACID, L-CYSTEINE, ENZYMES, SODIUM METABISULFITE), WATER, GROUND BEEF (NOT TO EXCEED 26% FAT), PINTO BEANS, TEXTURED VEGETABLE PROTEIN PRODUCT (SOY FLOUR, CARAMEL COLOR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, CYANOCOBALAMIN), CONTAINS 2% OR LESS OF REHYDRATED RED BELL PEPPER, SALT, CHILI POWDER (CHILI PEPPER, SPICES, SALT, GARLIC POWDER), PAPRIKA, NATURAL FLAVOR, SPICE, CARAMEL COLOR, SODIUM ALGINATE, FRIED IN VEGETABLE OIL.

CONTAINS WHEAT AND SOY.**Dist. by Fernando's Foods,
Compton, CA 90221**

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EACH 4.00 OZ BURRITO PROVIDES 1.00 OZ EQUIVALENT MEAT/MEAT ALTERNATE AND 2.00 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 03-18.)

Copy not for documenting
Federal meal requirements

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HEATING INSTRUCTIONS

	FRIED 360 F	MICRO	OVEN 325 F	CONVEC 300 F
FROZEN	*N/R Min.	2-3 Min.	20-25 Min.	14-20 Min.
THAWED	3-5 Min.	1-2 Min.	14-20 Min.	12-18 Min.

Internal temperature of product should be 160F.

*N/R - Not Recommended



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