



SWEET & SPICY HOT CHILI TURKEY NOODLES

PORTION
SIZE:
**1 NOODLE
BOWL**

Ingredients (yields 50 servings)	Quantity
JENNIE-O® Savory Turkey Crumbles 08996, 8/5#	7 lbs. 1 1/8 oz.
Whole grain spaghetti pasta	12 lbs. 8 oz.
Extra virgin olive oil	1/2 c.
Garlic, minced	1/2 c.
Fresh ginger root slices	1/4 c.
Sugar	1/4 c.
Tomato paste	1 pt.
Fresh basil, chopped	1 pt. 1 c.
Sriracha	1 c.
Low sodium soy sauce	1 pt. 1 c.
Tap water	1 qt. 8 fl. oz.
Red wine vinegar	1/4 c.
Red pepper flakes, crushed	1 c. 2 tsp.
Sunflower seed kernels	1 c. 2 tsp.

Directions

1. Trim, peel and mince the garlic and ginger. Place in a bowl together and set aside.
2. Destem and chop fresh basil. Place in a bowl and set aside.
3. Bring a pot of water to a boil and then add pasta. Stir vigorously for 15 seconds.
4. Drain pasta and rinse with cold water, shake to dry.
5. Add oil to a tilt skillet or stove top pan over medium heat. Add turkey crumbles and cook until the edges are crispy golden.
6. Add ginger, garlic and sugar. Cook for 4-5 minutes.
7. Stir in tomato paste, fresh basil and sriracha. Stir to combine and cook for 1 minute.
8. Add soy sauce, red wine vinegar and water. Combine with turkey well, bring to a simmer, then reduce to low and cook uncovered for about 20-30 minutes until sauce has thickened.

Assemble bowl:

1. In a bowl, add one (1) cup of cooked noodles.
 2. Add 4 oz. of turkey sauce directly on top of noodles.
 3. Garnish with one (1) teaspoon of sunflower seed kernels.
 4. Offer one (1) teaspoon of red pepper flakes on the side.
- Offer each student one (1) Sweet & Spicy Hot Chili Turkey Noodle Bowl to provide 2.0 oz. meat/meat alternate and 2.0 oz. eq. whole grain.

Turkey Crumbles (2.25 oz.): 2.0 oz. Meat/Meat Alternate Whole Grain Noodles (1 cup cooked/2 oz. Dry): 2.0 oz. eq. Whole Grain Rich (Exhibit A: Grain Requirements For Child Nutrition Programs, Group B: 28g/1.0 oz. = 1 oz. eq.)

For preparation by a food preparation establishment only, according to the food code or equivalent.

*Indicates missing Nutrient Information.

**For a lower sodium option, replace JENNIE-O® Savory Turkey Crumbles #08996 with JENNIE-O® Raw Ground Turkey #205135.

Nutrients Per Serving

Calories	605 cal	Potassium	340 mg*	Calcium	46 mg*
Fat	14 g	Carbohydrates	90 g	Vitamin A	295 iu*
Saturated Fat	3 g	Dietary Fiber	9 g*	Vitamin C	2 mg*
Trans Fat	0 g	Sugars	8 g*	Vitamin D	0 mcg*
Cholesterol	50 mg	Protein	30 g*		
Sodium	1032 mg	Iron	6 mg*		



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