



# HAWAIIAN TURKEY HAM WRAP

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**PORTION SIZE:**  
**1 WRAP**

Ingredients (yields 50 servings)	Quantity
JENNIE-O® Turkey Ham, sliced, 3.06 oz., 256503, 12/1 lb., thawed	9 lb. 9 oz.
Whole grain tortilla, ultra grain, 10"	50 tortillas
Fresh coleslaw mix, 1 c	1 gal., 2 qt., 1 c shredded
Pineapple tidbits, canned, drained	3 qt., ½ c
Non-stick cooking spray	50 sprays

Directions
Assemble wrap in the following order.
1. Lay out 10 inch whole grain tortilla.
2. Place 6 slices of turkey ham in center of tortilla.
3. Add ¼ cup of drained pineapple tidbits.
4. Add ½ cup shredded coleslaw blend.
5. Fold bottom edge of tortilla up over filling about 1½ inches.
6. Repeat with top edge.
7. Roll tightly in pinwheel fashion from one side.
8. On a clean cutting board, slice wrap in half at an angle.
Offer each student one (1) Hawaiian Turkey Ham Wrap to provide 2.0 oz eq M/M/A and 2oz eq WGR.

Turkey Ham (6 slices): 2.0 oz Meat/Meat Alternate  
 Coleslaw blend (1/2 cup): 0.5 cup Vegetable, Other (per FBG)  
 Pineapple Tidbits (1/4 cup): 0.25 cup Fruit (per FBG)  
 Whole Grain Tortilla (1 each): 2.0 oz eq Whole Grain Rich  
 (Exhibit A: Grain Requirements For Child Nutrition Programs, Group B: 28g/1.0oz = 1oz eq)

For preparation by a food preparation establishment only, according to the food code or equivalent.

Nutrients Per Serving					
Calories	298 cal	Sodium	736 mg	Calcium	167 mg
Fat	10 g	Carbohydrates	3 g	Vitamin A (IU)	309 iu*
Saturated Fat	3 g	Dietary Fiber	4 g	Vitamin C	12 mg*
Trans Fat	0 g	Protein	19 g	Vitamin D	0 mcg*
Cholesterol	60 g	Iron	2 mg		

\*Indicates missing Nutrient Information.



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