

breakfast taco bowl



Serving Suggestion



breakfast taco bowl

portion size:
1 bowl

Ingredients	50 Servings		100 Servings		Directions
	Measure	Weight	Measure	Weight	
Potato rounds, frozen		4 lbs.		8 lbs.	1. Bake potato rounds according to instructions. 2. Cook eggs to a soft stage scramble. 3. Heat turkey sausage to 165° F as measured by a meat thermometer. 4. Warm tortillas and place them in a bowl or tray. Top each tortilla with 4 potato rounds, a #40 scoop of eggs, and 1 oz. sausage. Sprinkle with ¼ oz. of cheese. Serve with 1 oz. salsa.
	25 ea.		50 ea.		
Eggs, large, beaten, or frozen pasturized eggs, thawed		2 lbs. 11 oz.		5 lbs. 6 oz.	
JENNIE-O® Turkey Chorizo Sausage Crumbles, #639740, thawed		3 lbs. 2 oz.		6 lbs. 4 oz.	
Whole grain corn tortillas, 6"	50 ea.		100 ea.		
Cheddar cheese, yellow, shredded		13 oz.		1 lb. 10 oz.	
Salsa, reduced sodium	1 qt. 3 c.		3 qt. 2 c.		

1 serving provides 2 oz. meat/meat alternate, 1 oz. servings bread/grain, and ½ c. vegetable.

For preparation by a food preparation establishment only, according to the food code or equivalent.

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Nutrients Per Serving					
Calories	255 cal	Trans Fat	0 g	Carbohydrates	29 g
Fat	10 g	Cholesterol	116 mg	Dietary Fiber	3 g
Saturated Fat	3 g	Sodium	445 mg	Protein	13 g